

NAME _____

**YOSEMITE HIGH SCHOOL
ATHLETIC ELIGIBILITY**

Please Print Last First

Date _____ Grade _____ Date of Birth _____ Age _____ Sex: M / F

Home Address _____ City _____ Zip _____

Phone _____ Cell _____

DO YOU PLAN TO PLAY ANY SPORT DURING YOUR TIME AT YOSEMITE HIGH SCHOOL? YES NO

1. Is the home address above in the Yosemite High Attendance area? Circle one: YES NO
If no, which high school attendance area do you live in? _____

2. Are you now, or have you ever been in the past year, on an interdistrict or intradistrict transfer to attend a school outside your attendance area? YES NO

If yes, transfers are only valid for one year. Is your transfer valid for the current school year? YES NO

3. Do you live with your parent(s) or legal court approved guardian at the above address? YES NO

4. Have you lived at any other residence in the last year? YES NO

If yes, when did you move from the previous address? _____

If yes, list previous address _____

If you have moved or changed schools, check which of these situations applies to you:

a) _____ My whole family moved from the old address to the new address.

b) _____ I moved from living with one parent to living with another parent.

c) _____ I moved from living with a parent to living with a relative or guardian.

d) _____ I moved from a relative or guardian to living with a parent.

e) _____ A court order placed me at my new address.

f) _____ I was dismissed from my old school for disciplinary reasons.

g) _____ Other (please explain) _____

5. Have you attended any school other than a Yosemite Unified school in the past year? YES NO

If the answer is yes, what is the name of the previous school? _____

If the answer is yes, when did you leave the previous school? _____

6. Will you reach your 19th birthday before June 15th of your junior year of high school? YES NO

7. At what school did you attend your first day of 9th grade? _____

What year did you start 9th grade? _____

ACKNOWLEDGEMENT OF KNOWLEDGE OF RULES and INFORMATION RECEIVED

Athletes and Parents: Please take the time to read through the information in this packet. After reading the rules, please sign below as an acknowledgement that you have read and understood the policies, rules and procedures at Yosemite High School and agree to abide by them.

I understand that giving false information on this application to participate in athletics may result in the loss of athletic eligibility.

Signature of Student _____ Signature of Parent _____

We have read and understood the material included in the "EQUIPMENT" portion of the Athletic Eligibility Information sheet.

Signature of Student _____ Signature of Parent _____

(BOTH SIDES)

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*** WARNING OF RISK *** I give permission for my student to participate in organized interscholastic athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of the rules, injuries are still a possibility. On rare occasions these injuries can be severe as to result in total disability, paralysis, quadriplegia, or even death.

Signature of Parent _____

I understand that the School District does not provide medical insurance for student injuries, but does make voluntary student insurance available. I have received the information on this program. Please check one:

I will enroll my child in the program. I will be purchasing the following insurance plan available through the high school:

_____ School Time _____ Tackle Football Only _____ 24 Hour Coverage

I will not enroll my child in the program. I have my own insurance which provides coverage of at least \$1,500.00 accidental injury.

Company _____

Policy Number _____ Expiration Date _____

I have read the accompanying statements concerning the types of insurance coverage and agree to provide coverage for the above named student. Should it be necessary for my child to have medical treatment while participating in this activity, and if the District is unable to contact me, I hereby authorize Yosemite Union High School District personnel to use their judgment in obtaining medical services for my child. I understand that the Yosemite Union High School District, its officers, and its employees assume no liability of any nature in relation to the transportation or treatment of the above student. I further understand that Yosemite Union High School District does not provide medical or accident insurance for school related injuries and that all costs of paramedic transportation, hospitalization, and any examination, X-ray, or treatment provided in relation to this authorization shall be borne by the parent/guardian.

Signature of Parent _____

I, the parent / legal guardian, have completed the health history of my student athlete. I understand that CIF By-law #306 requires an annual physical for participation in athletics, and that the physical WILL NOT expire during the season of sport that the athlete is participating in.

Signature of Parent _____

We have read and understood the material on Complaint Procedures and the material on Steroids. We agree with the statements, conditions, and consequences listed on the page entitled "Agreement By Athlete and Parent / Guardian Regarding Use of Steroids."

Signature of Student _____ Signature of Parent _____

We have read and agree to the policies stated in the Yosemite High School Eligibility Responsibilities regarding the conduct of athletes.

Signature of Student _____ Signature of Parent _____

We have read and agree with the Guidelines of Yosemite High School students participating in co-curricular activities. We agree that these rules are important in helping our students become good citizens with a high sense of moral integrity, a competitive spirit, and the ability to be honest and forthright in all endeavors. We agree to abide by these rules for co-curricular participation at Yosemite High School. We acknowledge that a student may be disciplined or removed from a team for violation of any of the provisions of the codes or policies for co-curricular participation at Yosemite High School.

Signature of Student _____ Signature of Parent _____

I have read and I understand the Policy Statement, the Code of Ethics and the violations and Minimum Penalties of the "Ethics in Sports" policy. I agree to abide by the policy and related consequences while participating in interscholastic athletics, regardless of context, site or jurisdiction. I further agree not to use drugs, alcohol, steroids or other performance enhancing drugs while in high school.

Signature of Student _____ Signature of Parent _____

Preparticipation Physical Evaluation



**YOSEMITE
HIGH SCHOOL**

HISTORY FORM

DATE OF EXAM _____

Name _____ Sex _____ Age _____ Date of birth _____
 Grade _____ School _____ Sport(s) _____
 Address _____ Phone _____
 Personal physician _____
In case of emergency, contact
 Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers below.
 Circle questions you don't know the answers to.

- | | | |
|--|------------|-----------|
| | Yes | No |
|--|------------|-----------|
1. Has a doctor ever denied or restricted your participation in sports for any reason?
 2. Do you have an ongoing medical condition (like diabetes or asthma)?
 3. Are you currently taking any prescription or Nonprescription (over the counter) medicines or pills?
 4. Do you have allergies to medicines, pollens, Foods or stinging insects?
 5. Have you ever passed out or nearly passed out DURING exercise?
 6. Have you ever passed out or nearly passed out AFTER exercise?
 7. Have you ever had discomfort, pain or pressure In your chest during exercise?
 8. Does your heart race or skip beats during exercise?
 9. Has a doctor ever told you that you have (check all that apply):
 - High Blood Pressure A heart murmur
 - High cholesterol A heart infection
 10. Has a doctor ever ordered a test for your heart? (for example, ECG, echocardiogram)
 11. Has anyone in your family died for no apparent reason?
 12. Does anyone in your family have a heart problem?
 13. Has any family member or relative died of heart problems or of sudden death before age 50?
 14. Does anyone in your family have Marfan syndrome?
 15. Have you ever spent the night in a hospital?
 16. Have you ever had surgery?

17. Have you ever had an injury, like a sprain, muscle or ligament tear, or tendonitis, that caused you to miss a practice or game? If yes, circle affected area below:
18. Have you had any broken or fractured bones or Dislocated joints? If yes, circle below:
19. Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast, or crutches? If yes, circle below:

Head	Neck	Shoulder	Upper Arm	Elbow	Forearm	Hand/ Fingers	Chest
Upper Back	Lower Back	Hip	Thigh	Knee	Calf/ Shin	Ankle	Foot/ Toes

20. Have you ever had a stress fracture?
21. Have you been told that you have or have you had an x-ray for atlantoaxial (neck) instability?
22. Do you regularly use a brace or assistive device?
23. Has a doctor ever told you that you have asthma or allergies?

- | | | |
|--|------------|-----------|
| | Yes | No |
|--|------------|-----------|
24. Do you cough, wheeze, or have difficulty breathing during or after exercise?
 25. Is there anyone in your family who has asthma?
 26. Have you ever used an inhaler or taken asthma medicine?
 27. Were you born without or are you missing a kidney, an eye, a testicle, or any other organ?
 28. Have you had infectious mononucleosis (mono) within the last month?
 29. Do you have any rashes, pressure sores, or other skin problems?
 30. Have you had a herpes skin infection?
 31. Have you ever had a head injury or concussion?
 32. Have you been hit in the head and been confused or lost your memory?
 33. Have you ever had a seizure?
 34. Do you have headaches with exercise?
 35. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?
 36. Have you ever been unable to move your arms or legs after being hit or falling?
 37. When exercising in the heat, do you have severe muscle cramps or become ill?
 38. Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease?
 39. Have you ever had any problems with your eyes or vision?
 40. Do you wear glasses or contact lenses?
 41. Do you wear protective eyewear, such as goggles, or a face shield?
 42. Are you happy with your weight?
 43. Are you trying to gain or lose weight?
 44. Has anyone recommended you change your weight or eating habits?
 45. Do you limit or carefully control what you eat?
 46. Do you have any concerns that you would like to discuss with a doctor?

FEMALES ONLY

47. Have you ever had a menstrual period?
48. How old were you when you had your first menstrual period? _____
49. How many periods have you had in the last 12 months? _____

Explain "yes" answers here: _____

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.
 Signature of athlete _____ Signature of parent / guardian _____ Date _____



Name _____ Date of birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP _____/_____(____/____,____/____)

Vision: R 20/____ L 20/____ Corrected: Y N Pupils: Equal____ Unequal____

Follow-Up Questions on More Sensitive Issues

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. Do you feel stressed out or under a lot of pressure? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you ever feel so sad or hopeless that you stop doing some of your usual activities for more than a few days? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you feel safe? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you ever tried cigarette smoking, even 1 or 2 puffs? ___ Yes; ___ No; Do you currently smoke? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. During the past 30 days, did you use chewing tobacco, snuff, or dip? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. During the past 30 days, have you had a least 1 drink of alcohol? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you ever taken steroid pills or shots without a doctor's prescription? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever taken any supplements to help you gain or lose weight or improve your performance? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Questions from the Youth Risk Behavior Survey (http://www.cdc.gov/HealthyYouth/yrbs/index.htm) on guns, seatbelts, unprotected sex, domestic violence, drugs, etc. | <input type="checkbox"/> | <input type="checkbox"/> |

Notes: _____

	NORMAL	ABNORMAL FINDINGS	INITIALS
M E D I C A L			
Appearance			
Eyes / Ears / Nose / Throat			
Hearing			
Lymph nodes			
Heart			
Murmurs			
Pulse			
Lungs			
Abdomen			
Genitourinary (males only)*			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder / arm			
Elbow / forearm			
Wrist / hand / fingers			
Hip / thigh			
Knee			
Leg / ankle			
Foot / toes			

* Having a third party present is recommended for the genitourinary examination.

C L E A R A N C E

CLEARED; CLEARED AFTER completing evaluation / rehabilitation for: _____

NOT CLEARED for: _____ Reason: _____

Recommendations: _____

Name of Physician (print / type) _____ Date: _____

Address _____ Phone: _____

Signature of Physician _____, MD or DO

YOSEMITE HIGH SCHOOL ATHLETIC ELIGIBILITY

INFORMATION SHEET

EQUIPMENT

Students are responsible for returning all equipment at the conclusion of the season, and will be charged for any lost or damaged equipment. Failure to clear obligations at the end of the season will result in the student being ineligible to participate in school activities until they are cleared.

*** WARNING OF RISK ***

I/We give our permission for my/our student to participate in organized interscholastic athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of the rules, injuries are still a possibility. On rare occasions these injuries can be severe as to result in total disability, paralysis, quadriplegia, or even death.

STUDENT ACCIDENT / HEALTH INSURANCE

Raising children is challenging enough without having to worry about how to access and pay for the medical treatment they need when they get hurt or sick. Low cost accident or accident and sickness insurance is an excellent way to prepare in advance for such challenges. In order to help you, your school and thousands of others, participates in a program meant to give you a number of coverage options for your child. Details and an enrollment form are in the accompanying brochure.

Several benefit levels are offered. You can limit coverage to school related injuries only or opt for 24/7 protection. Also offered is a Student Health Care plan (most recommended if your child has no other health insurance), a long term dental accident plan and a pharmacy discount program for your entire family. Whether you are looking to fill in the "gaps" in other insurance or looking for primary coverage for your child, you will probably find an option to fit your needs.

Except for the Dental Accident Plan, these plans also allow you to access a network of doctors and hospitals for discounted charges. While you can use any doctor or hospital, seeking care through contracted providers may reduce your out-of-pocket costs, particularly if your child needs surgery or hospitalization. To find the contracted medical providers nearest you, call 800-877-1666 or log on to www.beechstreet.com.

Coverage can begin as early as May 1-- in time for summer. As a student of a participating school, your child is eligible for enrollment in any of these programs at any time however, you are encouraged to consider early enrollment to get maximum value from the plan(s) selected.

Please read your brochure carefully. If you have any questions, please call the plan administrator, Myers-Stevens & Toohey & Co., Inc. at (800) 827-4695 or (949) 348-0656. Bilingual representatives are available for parents who need assistance in Spanish.

(Student and Parent / Guardian must SIGN regarding above information on Signature Page.)

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AGREEMENT BY ATHLETE AND PARENT / GUARDIAN REGARDING USE OF STEROIDS

Directions: As a condition of membership in the California Interscholastic Federation (CIF) and in accordance with Education Code 49030, the Governing Board of the Yosemite Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF Bylaw 524 requires that all participating students and their parents / guardians sign this agreement. (See Signature Page)

We agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any DIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her including, but not limited to, restriction from athletics or suspension or expulsion from school.

COMPLAINT PROCEDURES

The District shall follow uniform complaint procedures when addressing complaints alleging unlawful discrimination against any protected group as identified under Education Code 200 and 220 and Government Code 11135, including actual or perceived sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, or mental or physical disability, or age, or on the basis of a person's association with a person or group with one or more of these actual or perceived characteristics in any district program or activity that receives or benefits from state financial assistance. (5 CCR 4610) Direct all complaints to the site principal.

(Student and Parent / Guardian must sign agreement/compliance on Signature Page.)



YOSEMITE HIGH SCHOOL

Eligibility Responsibilities



The Code of Conduct has been developed to define the expectations for Yosemite High School students in terms of conduct and behavior. The Code shall be strictly enforced 24 hours a day, 7 days a week during the school year. Participation in extra/co-curricular activities is a privilege extended to all, not a right, and the school has the authority to revoke this privilege. It is the belief of the district that students who adhere to the Code will experience personal growth in character as well as physical performance.

In order to maintain satisfactory educational progress and extra and/or co-curricular eligibility, students must meet the following criteria:

1. Maintain a minimum 2.0 G.P.A. in all enrolled courses on a 4.0 scale.
2. Must be passing a minimum of 30 credits in the preceding grading period.

Student eligibility is based upon official grades submitted every six weeks. Eligibility status will be declared two days following the submission of grades. Make-up work after the grading period ends does not change "eligibility" status unless it was due to an incomplete grade due to illness.

Students who fail to meet the eligibility requirements on the basis of 6-week grades will be ineligible for the following 6 weeks.

The Administration may grant ineligible students a probationary period of not more than one six-week grading period. The students must have earned a minimum of 25 credits in the previous grading period in order to qualify for probation. Students granted probationary status must meet the terms of probation in order to remain eligible for participation. Students must meet the required eligibility standards by the end of the probationary period in order to remain eligible for participation. A student may only be placed on probation one grading period per school year.

A student who drops from a team without consent of the coach after a two (2) week tryout period, or is removed from a squad for disciplinary reasons, shall be ineligible for the remainder of that season including C.I.F. playoffs. Students must complete an entire season to be eligible for a Yosemite High School letter. Students may not practice with another team until the previous season has concluded.

3. A violation of any school rule that occurs on campus or at any school sponsored activity will be subject to the School Discipline Policy. Any major offenses including, but not limited to possession of illegal drugs, alcohol, tobacco, weapons, fighting, violation of the law, and/or breach of school regulations will result in a Code of Conduct hearing. An accumulation of minor infractions may result in a referral to the code of conduct hearing at the discretion of administration. Students who are suspended from school for one day, on or off campus, shall be placed on non-privilege status for one week. Students who are suspended from school for more than one day, on or off campus, shall be placed on non-privilege status for two weeks.. The Principal or designee may suspend a student from participation in extra/co curricular participation based on a violation of the Code of Conduct. Additional disciplinary action or conditions of reinstatement will be determined by a hearing panel (Code of Conduct Board) appointed by the principal consisting of an administrator, coach or advisor, athletic director, activities director, and counselor.
4. As a representative of Yosemite High School, students shall dress appropriately and display proper citizenship and sportsmanship.
5. Students will ride to and from all contests on school provided transportation. Students may be allowed to return from a contest with parent or legal guardian only after parents have signed a student release form. Any other transportation arrangement must be approved by the Administration in advance.
6. Students must be in attendance the entire school day in order to participate in co-curricular practices or activities unless there is a valid excuse as defined in the school attendance policy (medical or dental appointment, funeral, court appearance, etc.). Students who are excused due to illness may not participate in practices or competition.
7. Students agree to abide by any other rules or requirements, written or verbal, as established by the coach/advisor.

(OVER)



YOSEMITE HIGH SCHOOL

Extra/Co – Curricular Code Violations - On and Off Campus Guidelines



VIOLATION	DISCIPLINARY ACTION		
	1 st Violation	2 nd Violation	3 rd Violation
Sale/Possession or Use of A Controlled Substance (alcohol, drugs, anabolic steroids, etc)	3-6 weeks	6-18 weeks	12 months
Possession or use of tobacco	2-4 weeks	4-8 weeks	12 months
Weapon Possession	4-18 weeks	19-36 weeks	12-24 months
Fighting/Assault/Battery	2-4 weeks	4-8 weeks	12 months
Violation of the law			
<ul style="list-style-type: none"> • Misdemeanor • Felony 	2-4 weeks 4-12 months	4-8 weeks 13-24 months	12 months 25-48 months
Defiance of authority/continued willful disobedience and/or disruptive behavior	2-4 weeks	4-8 weeks	12 months
Breach of school regulation			
Hazing/Sexual Harassment	3-6 weeks	6-18 weeks	12 months
Hate Violence	4-18 weeks	19-36 weeks	12-24 months
Theft/Vandalism/Property Damage	3-6 weeks	6-18 weeks	12 months

Disclaimer – The above chart is intended to be used as a guideline. Offenses of a more serious nature may result in a more severe disciplinary action.

Notes:

- The Code of Conduct Panel may decide to permit the student to reduce up to one-half the non-privilege period if the student complies with the Panel’s prescribed rehabilitation plan.
- Simple traffic violations such as parking or speeding are not considered code violations.
- Students may be credited for non-privilege time served while waiting for dispensation of a felony case. (The Panel may impose the consequences of a misdemeanor offense for a potential felony matter pending the dispensation of the case in court. If the offense is upheld by the court as a felony conviction, additional consequences may be imposed by the Code of Conduct Panel at that time).
- The Code of Conduct Panel will impose a minimum non-privilege time of 10 school days or 14 calendar days (the lesser of the two options) for each student appearing before them. (The Panel may decide to permit the student to reduce up to one-half of this non-privilege period if the student completes a Panel rehabilitation plan)(work back).
- Work Back is defined as two hours of campus service equaling one day of non-privilege.
- The athlete who violated the code of conduct or Ed Code will not be allowed to practice during his/her first five days of non-privilege. If the non-privilege time is longer than 10 days, the Code of Conduct Panel will determine when the athlete can rejoin his/her team for practice.

Repeat Offenders

- Violations are cumulative throughout a student’s high school years.
- When a student has a 2nd or 3rd hearing, even if it is for a different violation, he/she will be facing 2nd or 3rd time consequences.

(Student and Parent / Guardian must sign compliance on Signature Page.)

Instruction

Extracurricular And Co-curricular Activities

Definitions

Extracurricular activities are those programs that have all of the following characteristics: (Education Code 35160.5)

1. The program is supervised or financed by the school district.
2. Students participating in the program represent the school district.
3. Students exercise some degree of freedom in the selection, planning or control of the program.
4. The program includes both preparation for performance and performance before an audience or spectators.

Extracurricular activities are not part of the regular school curriculum, are not graded, do not offer credit and do not take place during classroom time. (Education Code 35160.5)

Co-curricular activities are programs that may be associated with the curriculum in a regular classroom. (Education Code 35160.5)

An activity is not an extracurricular or co-curricular activity if either of the following conditions applies: (Education Code 35160.5)

1. It is a teacher-graded or required program or activity for a course which satisfies the entrance requirements for admission to the California State University or the University of California.
2. It is a program that has as its primary goal the improvement of academic or educational achievement of students.

Eligibility Requirements

The grade point average used to determine eligibility shall be based on grades of the last previous grading period (six times per year high school) (4 times per year elementary) during which the student attended class at least a majority of the time. (Education Code 35160.5) Elementary students who become ineligible at the quarter may become eligible at a mid-quarter grade check.

When a student becomes ineligible to participate in the upcoming school year, or when he/she is subject to probation, the principal or designee shall provide written notice to the student and his/her parents/guardians. The principal shall also consult with the student's teacher(s) in deciding on a program of remediation to improve the student's academic progress.

ETHICS IN SPORTS

I. Policy Statement

The Central Section, CIF is committed to the exhibition of sportsmanlike and ethical behaviors in and around all athletic contests. All contests must be safe, courteous, fair, controlled and orderly for all athletes and fans alike.

It is the intent of the CIF that violence, in any form, not be tolerated. In order to enforce this policy, the Central Section has established rules and regulations which set forth the manner of enforcement and of this policy and the penalties incurred when violation of the policy occurs. The rules and regulations shall focus upon the responsibility of the coach to teach and demand high standards of conduct and to enforce the rules and regulations set forth by CIF.

The Central Section requires the following Code of Ethics be issued **each year** and requires signing by student athletes, parent/guardian and coaches prior to participation as a guide to govern their behavior.

II. Code of Ethics

- A. To emphasize the proper ideas of sportsmanship, ethical conduct and fair play.
1. To eliminate all possibilities which tend to destroy the best values of the game.
 2. To stress the values derived from playing the game fairly.
 3. To show cordial courtesy to visiting teams and officials.
 4. To establish a happy relationship between visitors and host.
 5. To respect the integrity and judgment of sports officials.
 6. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
 7. To encourage leadership, use of initiative and good judgment by the players on a team.
 8. To recognize that the purpose of athletics to promote the physical, mental, moral, social and emotional well-being of the individual players.
 9. To remember that an athletic contest is only a game, not a matter of life and death for player, coach, school, official, fan or nation.

III. Violations and Minimum Penalties

Act

Penalties

- | | |
|---|---|
| 1. First ejection of player or coach from a contest or SCRIMMAGE for unsportsmanlike conduct. | Ineligible for the next CIF contest (league, non-league, tournament, invitational, playoff, etc., scrimmage excluded). The next contest could be the second game of a doubleheader or even the next season of sport. Athletes competing in concurrent sports would be ineligible for both sports. |
| 2. Second ejection of a player or coach from a contest during the same season of sport for unsportsmanlike conduct. | Ineligibility for next two CIF contests as above will carry over the next season of sport. |

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| 3. | Third ejection of a player or coach from a contest during the same season of sport for unsportsmanlike conduct. | Ineligibility for all CIF contests for one calendar year (365 days). Any appeal must go through the CIF Eligibility Committee. |
| 4. | Any players that leave the "bench" area to begin a confrontation or leave these areas during an altercation. | Ejection from the contest for those players designated by officials. The contest may be terminated by the officials. One or both teams may forfeit the contest. |
| 5. | When players leave the bench area to begin a confrontation or leave the bench area during an altercation and in the opinion of the officials, the situation is out of control. | Contest stopped, ejection from the contest for those players designated by the officials. The team(s) that left the bench area must forfeit contest, record a loss, and the team(s) and players will be put on probationary status for the balance of the season. A second similar infraction during the season of sport will result in cessation of the sport for the team(s) and/or players. If the act occurs at the end of the season, the probationary period will extend to the next year's season of sport. Any appeal would have to be made to the CIF Executive Board. |
| 6. | Illegal participation in next contest by player ejected in previous contest. | Ineligibility for remainder of season for player. Forfeiture of contest. |
| 7. | Illegal placement of ejected player or illegal participation by coach ejected in previous contest. | Constitution and sport governing rules and procedures for a coach who knowingly violates CIF or Section Rules. |
| 8. | Any acts of a more serious nature by individuals or teams or situations not specifically covered by this policy or the Constitution or Governing Rules. | Area Commissioner may determine and implement penalties for individuals and teams not otherwise specified by CIF Central Section Constitution and Bylaws. |
| 9. | If act occurs in CIF Section Finals and both teams are charged with a forfeit. | After deliberation by the CIF and a double forfeit is in order, there will be no champion. |
| 10. | An ejected coach must leave the site of the contest. The coach may have no contact with his/her team from that point on. If there is no certified replacement for the coach, the contest is halted and the game is forfeited. The coach must also sit out the next contest and cannot attend the contest or have any contact with the team during the contest. The coach may be allowed to participate in practices on days other than the day of the contest. | |
| 11. | An ejected player may stay on the bench for the remainder of the contest for supervision reasons. Further disruption by ejected players may force them to be removed from the site. This could lead to a forfeit. Players ejected must sit out the next contest, but may sit on the bench in street clothes. | |

APPEALS PROCEDURE — First and Second Ejection

Unless otherwise specified, an appeal of the ineligibility of a player or coach may be made , in writing, to the player or coach's site administrator. The site administrator or his/her designee's decision on his/her athlete or coach shall be final and shall be conveyed to the site administrator of the school(s) involved, to the president of the league(s) involved and the CIF Area and Section Commissioner.

PHYSICAL ASSAULT

CIF State Constitution, Article 5, Section 522. Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder of the student's eligibility. A game or event official is defined as a referee, umpire or any other official assigned to interpret or enforce rules competition at an event. A student may, after a lapse of 18 calendar months from the date of the incident, apply for reinstatement of eligibility to the State CIF Commissioner.

For this document, the Central Section also includes coaches, administrators or other school personnel assigned to the contest or games as a game official.

(Student and Parent / Guardian must sign compliance on Signature Page.)



TRANSPORTATION RULES AND PROCEDURES

The following procedures have been written in the most succinct form possible. These procedures will provide safe transportation for athletes throughout the season. Many of our trips are over an hour long, and it is extremely important that all players take these rules seriously. Bus safety is the most important priority.

Bus Rules and Procedures:

The bus driver will instruct all athletes regarding acceptable behavior while on the bus. The bus driver is the *number one* person in charge. All school regulations apply to the conduct of athletes while riding on the bus and while at the contest site.

A coach will supervise all bus trips. Athletes are to obey the bus driver and coaches at all times. Disrespect for persons or rules will be dealt with as a disciplinary violation.

Athletes will be informed of evacuation procedures at the beginning of each bus ride.

Athletes must observe the following:

1. Complete silence at train crossings.
2. Remain seated and facing forward at all times.
3. Keep aisles clear.
4. Refrain from tampering with bus interior/exterior and equipment.
5. Behave in an appropriate manner at all times.
6. No loud, unnecessary noise, no food, no beverages unless pre-arranged with the transportation department.
7. No graffiti, no tobacco products, no litter.
8. No inappropriate language or gestures.

Athletes will usually have time to eat lunch before departing for an away contest. When an early departure is necessary, we allow the athletes to eat during the first 15 minutes of the trip. (Athletes *will not* be allowed to go into town for lunch) At the end of 15 minutes, trash will be collected and there will be no more eating. This includes candy, chips, cookies, etc.

(OVER)

TRANSPORTATION RULES AND PROCEDURES – page 2

Upon returning to the school, a short “phone stop” will be provided so the athletes can call home to inform parents of the estimated time of arrival at the Yosemite High School front parking lot. Due to the time constraint and the scarcity of public phones, we ask the athletes to plan a phone tree in groups of six. We will estimate our arrival time as accurately as possible, but it is extremely important that parents be waiting at the parking lot or at the official stopping point when the bus arrives. There are three official stops that can be made in route back to the high school, Park N Ride @ Road 200, Coarsegold Mini-Mart @ Road 417, and Coarsegold Chevron. Parents must be at the stop when our bus arrives or the athletes will have to continue to ride on the bus to Yosemite High School. It is the coaches responsibility to wait in the parking lot until the last player is picked up. We will appreciate your promptness and consideration.

Athlete Release To Another Adult:

Yosemite High School has a long standing school procedure that must be followed if you wish to transport your athlete from an away contest or if you give permission for your athlete to be transported home by another *adult*. If you wish to have your athlete transported home by another adult, a completed permission card (green) must be approved by the Athletic Director at least two full days before a contest. We can not guarantee approval if a card is turned in late. A release card (blue) will be given to the approved adult to complete and return to the coach when your athlete is ready to be released at the game site. If you wish to transport your athlete after an away contest, you (parent/guardian) will only need to complete a release card (blue) and return it to the coach when your athlete is ready to be released at the game site. It is for the safety of your athlete that we that we follow these procedures exactly.

If you have any questions, please feel free to call the athletic director at 683-4667.

Division I Core GPA and Test Score Sliding Scale

Core GPA	SAT	ACT
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86

What are core courses?

For a definition of core courses, see information on page 11. See your high school's core-course list at www.ncaaclearinghouse.net.

Academic-Eligibility Requirements

Division I

2007 - 2008

If you enroll in a Division I college before August 1, 2008, and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school;
- Complete these 14 core courses:
 - 4 years of English
 - 2 years of math (algebra 1 or higher)
 - 2 years of natural or physical science (including one year of lab science if offered by your high school)
 - 1 extra year of English, math or natural or physical science
 - 2 years of social science
 - 3 years of extra core courses (from any category above, or foreign language, nondoctrinal religion or philosophy);
- Earn a minimum required grade-point average in your core courses; and
- Earn a combined SAT or ACT sum score that matches your core-course grade-point average on the test score sliding scale on this page (for example, a 2.400 core-course grade-point average needs an 860 SAT).

Note: Computer science courses can be used as core courses only if your high school grants graduation credit in math or natural or physical science for them, and if the courses appear on your high school's core-course list as math or science courses.

You will be a qualifier if you meet the academic requirements listed above. As a qualifier, you:

- Can practice or compete for your college or university during your first year of college;
- Can receive an athletics scholarship during your first year of college; and
- Can play four seasons in your sport if you maintain your eligibility from year to year.

You will be a nonqualifier if you do not meet the academic requirements listed above. As a nonqualifier, you:

- Cannot practice or compete for your college or university during your first year of college;
- Cannot receive an athletics scholarship during your first year of college, although you may receive need-based financial aid; and
- Can play only three seasons in your sport if you maintain your eligibility from year to year (to earn a fourth season you must complete at least 80 percent of your degree requirements before beginning your fifth year of college).

Remember

Meeting the NCAA academic rules does not guarantee your admissions into a college. You must apply for admission.

Division I

2008 and Later

If you enroll in a Division I college on or after August 1, 2008, and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school;
- Complete these 16 core courses:
 - 4 years of English
 - 3 years of math (algebra 1 or higher)
 - 2 years of natural or physical science (including one year of lab science if offered by your high school)
 - 1 extra year of English, math or natural or physical science
 - 2 years of social science
 - 4 years of extra core courses (from any category above, or foreign language, nondoctrinal religion or philosophy);
- Earn a minimum required grade-point average in your core courses; and
- Earn a combined SAT or ACT sum score that matches your core-course grade-point average and test score sliding scale on page 9 (for example, a 2.400 core-course grade-point average needs an 860 SAT).

Note: Computer science courses can be used as core courses only if your high school grants graduation credit in math or natural or physical science for them, and if the courses appear on your high school's core-course list as math or science courses.

Requirement to graduate with your high school class

Beginning in 2007 and thereafter, you must graduate from high school on schedule (in eight semesters) with your incoming ninth grade class. You may use **one** core course completed in the year after graduation (summer or academic year).

You may complete the core course at a location other than the high school from which you graduated and may initially enroll full time at a collegiate institution at any time after completion of the core course.

Division II

2005 and Later

If you enroll in a Division II college and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school;
- Complete these 14 core courses:
 - 3 years of English
 - 2 years of math (algebra 1 or higher)
 - 2 years of natural or physical science (including one year of lab science if offered by your high school)
 - 2 extra years of English, math or natural or physical science
 - 2 years of social science
 - 3 years of extra core courses (from any category above, or foreign language, nondoctrinal religion or philosophy);
- Earn a 2.000 grade-point average or better in your core courses; and
- Earn a combined SAT score of 820 or an ACT sum score of 68. There is no sliding scale in Division II.

Note: Computer science courses can be used as core courses only if your high school grants graduation credit in math or natural or physical science for them, and if the courses appear on your high school's core-course list as math or science courses.

You will be a qualifier if you meet the academic requirements listed above. As a qualifier, you:

- Can practice or compete for your college or university during your first year of college;
- Can receive an athletics scholarship during your first year of college; and
- Can play four seasons in your sport if you maintain your eligibility from year to year.

You will be a partial qualifier if you do not meet all of the academic requirements listed above, but you have graduated from high school **and** meet one of the following:

- The combined SAT score of 820 or ACT sum score of 68; or
- Completion of the 14 core courses with a 2.000 core-course grade-point average.

As a partial qualifier, you:

- Can practice with your team at its home facility during your first year of college;
- Can receive an athletics scholarship during your first year of college;
- Cannot compete during your first year of college; and
- Can play four seasons in your sport if you maintain your eligibility from year to year.